



Section: Substance Abuse Treatment & Prevention	Policy Name: Substance Abuse Service Authorization Guidelines	Policy Number: 11.13
Owner: Manager of UM & Call Center	Reviewed By: Elizabeth Guisinger, LPC, CAADC Joel Smith, LMSW	Total Pages: 4
Required By: <input type="checkbox"/> BBA <input type="checkbox"/> MDHHS <input type="checkbox"/> NCQA <input checked="" type="checkbox"/> Other (please specify): SARF Licensing	Final Approval By:  <small>Beth Guisinger (Jun 15, 2023 17:06 EDT)</small>  <small>Joel A. Smith, LMSW (Jun 15, 2023 16:57 EDT)</small>	Date Approved: Jun 15, 2023
Application: <input checked="" type="checkbox"/> SWMBH Staff/Ops <input checked="" type="checkbox"/> Participant CMHSPs <input checked="" type="checkbox"/> SUD Providers <input type="checkbox"/> MH/IDD Providers <input type="checkbox"/> Other (please specify): _____	Line of Business: <input type="checkbox"/> Medicaid <input type="checkbox"/> Other (please specify): _____ <input checked="" type="checkbox"/> Healthy Michigan <input checked="" type="checkbox"/> SUD Block Grant <input checked="" type="checkbox"/> SUD Medicaid <input checked="" type="checkbox"/> CCBHC	Effective Date: 9/16/2014

**Policy:** It shall be the policy of Southwest Michigan Behavioral Health (SWMBH) to assure that Substance Use Disorder (SUD) Authorization processes meet the contractual and regulatory requirements of the Michigan Department of Health and Human Services (MDHHS) contract and Center for Medicare and Medicaid Services (CMS) Code of Federal Regulations (CFR) and the Public Health Code and advance the recovery of SWMBH customers. In cases where there are inconsistencies, SWMBH will follow the stricter of the two guidelines.

**Purpose:** SWMBH will provide guidelines to SUD Providers regarding the amount of services that may be requested and authorized at any given time. These guidelines are intended to provide a process for continued stay and ongoing service utilization review and are not intended to provide a service limit.

**Scope:** This policy is applicable to SWMBH’s Care Management Specialists, Community Mental Health Service Providers (CMHSP), and SUD Providers that are requesting and approving authorization requests for substance abuse treatment provided under the funding sources of Medicaid, Healthy Michigan Plan, and Block Grant.

**Responsibilities:** SWMBH Utilization Management (UM) are responsible for collecting necessary clinical documentation to make appropriate medical necessity determination in the authorization of initial and ongoing substance abuse treatment.



CMHSPs, CCBHCs and CCBHC DCOs are responsible for providing clinically appropriate services, while completing necessary supporting documentation to support initial and ongoing substance abuse treatment.

Substance Abuse Treatment providers are responsible for providing appropriate care for customers, while completing necessary clinical documentation supporting ongoing substance abuse treatment.

**Definitions:** None

**Standards and Guidelines:**

- A. These listed service guidelines are to be utilized when establishing an initial authorization or requesting additional authorizations. They are to be used in conjunction with Medical Necessity Criteria. It is important to remember that there are no pre-set limits to an individual's benefit. All authorizations are to be prior authorized to the service requested. The exception to prior authorization includes emergency services.
- B. If the customer continues to meet criteria for the service, providers may request additional units accompanied by clinical rationale indicated by completing a current American Society of Addiction Medicine (ASAM) criteria assessment for adults, or the GAIN for adolescents. The ASAM or GAIN should be recent, completed within the last 30 days, to indicate the customer's continued need for ongoing treatment at the appropriate level of care.
- C. All authorizations for service are expected to be based on Medical Necessity Criteria and documentation must demonstrate the need for initial or on-going services.
  - 1. Assessment is an ongoing process and evolutionary changes should be reflected in the clinical record. It is expected that customers will have a current assessment on file. Transfers from various levels of care within an organization should contain at minimum an addendum to the assessment identifying rationale for the change in level of care and the treatment needed to remediate the identified diagnosis. Typically, assessments are authorized on an initial and annual basis. Providers may request a new assessment if it has been determined that there have been marked changes in status.
  - 2. Example rationale for providers to request authorization of an assessment:
    - a. An identified need for a change in the level of care
    - b. Annual assessment update
    - c. A change in the customer's status (diagnosis, living situation, employment, presentation)
    - d. A customer returning to treatment after recent service termination whose presentation has changed.
- D. It is expected that the treatment plan will be present in the chart, will contain measurable goals with progress notes in the chart and will be reviewed every 120 days at minimum or as indicated in the plan. It is expected that there are sufficient goals, objectives, and interventions to support the amount of treatment being requested.
- E. The policy attachment details what is average utilization throughout the Southwest Michigan Behavioral catchment area of the listed services to achieve the statutory requirement of uniform benefit across the region. This can be used by clinical supervision to monitor over or underutilization in



ASAM service categories to ensure all customers are receiving the appropriate amount of service for their identified levels of need.

- F. It should be noted that Level II Intensive Outpatient (IOP) is to be delivered at 9-19 hours a week per the American Society of Addiction Medicine Recommendation. As indicated above, SWMBH follows the stricter Federal Guidelines which indicate IOP is a 3 hour a day service. Therefore, it is the policy of Southwest Michigan Behavioral Health that this service is a bundled rate to be delivered at no less than three hours a day as many clients will need more than the minimum service threshold. However, it is understood that due to variability in need amongst the client population, some clients may not be able to maintain for the full three hours a day and will need to attend more days a week for less time. For short durations based on clinical rationale. If the 9 hours a week is met in any combination with approval of UM staff, this is acceptable.
- G. It should further be noted that you cannot bill for the IOP code during weeks that the client does not attend the minimum of nine hours. However, requests may be submitted for outpatient services to be reimbursed for the outpatient codes for each daily occurrence.
- H. For beneficiaries with a Medicare primary payor to their Medicaid, Healthy Michigan Plan, or Block Grant funding (exceptions only with prior approval, see SWMBH Policy 01.07, Substance Abuse Community/Block Grant Authorized Use for Treatment Services, section C, 3 & 4), authorizations do not need to be requested through SWMBH's MCIS. Upon claims submission, providers will be reimbursed based on the EOB and primary payor determination. Any non-Medicare billable services must follow the Medicaid, Healthy Michigan Plan, and Block Grant funding authorization guidelines. This includes requesting the service authorizations and providing supporting clinical documentation as outlined in this policy.
- I. For beneficiaries with a Commercial primary payor to their Medicaid, Healthy Michigan Plan, or Block Grant funding (exceptions only with prior approval, see SWMBH Policy 01.07, Substance Abuse Community/Block Grant Authorized Use for Treatment Services, section C, 3 & 4), authorizations must be requested in SWMBH's MCIS for determination. Claims submissions will be paid based on the EOB and primary payor determination. If the commercial insurance is the primary payor, no supporting clinical documentation is required for review for authorization determination as the commercial insurance determines medical necessity criteria. Any non-commercial billable services must follow the Medicaid, Healthy Michigan Plan, and Block Grant funding authorization guidelines. This includes providing supporting clinical documentation as outlined in this policy.

**References:** None

**Attachments:** 04.10A SMI, SED, IDD, SUD Core Service Menu



**Revision History**

Revision #	Revision Date	Revision Location	Revision Summary	Revisor
Initial	4/2/2019	III.B. Standards and Guidelines	Clarifies that recent current ASAM completed should be included within the past 30 days	E. Guisinger
1	8/22/2019	Standards and Guidelines, D.	Revision timeline changed from 90 to 120 days per LARA	E. Guisinger
2	5/16/2022	Standards and Guidelines, C. Effective Date	Annual Review Updated effective date to 6/16/2014 due to it being incorrectly entered when moved to updated template	L. Mitchell & E. Guisinger
3	6/9/2023	Attachment number, 04.10A Added Standards & Guidelines, H & I	Attachment 04.10A replaced 11.13A to remove duplicate policy attachments Included information on Medicare and Commercial insurance primary payors and the authorization processes	E. Guisinger

# 11.13 Substance Abuse Service Authorization Guidelines

Final Audit Report

2023-06-15

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**SWMIBH CORE SERVICE MENU - YOUTH WITH SEVERE EMOTIONAL DISTURBANCES**

Version Date: 5/4/2022

Endorsement Dates:

5/19/22 Regional Utilization Management Committee

Dates:

The SWMBH Core Service Menu is intended as guidelines, not to be interpreted as caps on services or as one-size-fits-all service packages. An assessment score does not directly equate to approval for services. Services are typically determined based on a combination of Assessment, Person-Centered Planning process, consideration of natural supports, stage of change, service history, and clinician judgment. Clinical assessments shall contain clear documentation of eligibility for PHP specialty services, as outlined in NPM Bx/DDO Chapter, section 1.6, as well as documentation supporting the medical necessity of each requested/authorized service.

Some court-ordered individuals may be required by judge's order into a level of care (inpatient) with the assessment scores. Funding via PHP Medicaid funds is contingent upon documented medical necessity for the services being delivered. SWMBH is responsible to ensure that LOC guidelines are being used consistently by CHSPs, as well as to ensure that appropriate exceptions, appeal mechanisms and documentation are in place. Goal is to have a common, uniform benefit for Medicaid services across the region, informed by consistent, standardized assessments.

Services not requiring authorization: Screening and Emergency/Crisis services (H0002, 99484, T1023, Medication Injections (96372 and 99500), Prevention (S9482, T1027) Assessments (H0001, 90791, 90792) and Behavior Treatment Review will be completed outside of the Core Service Menu and authorized per the OMB's policies. Review and authorization for Acute Psychiatric Services and ECT are managed through the pre-screen and concurrent authorization processes. This list is not all-inclusive. Any other services not listed require review at the local CHSP by a Utilization Management Professional, including but not limited to: CS/PC Per Diem, Family Training, Nutrition Services, OT/PT/SLP, Respite, Prevention Services, Psychological Testing, Skill Building, and Supported Independent Living.



	Level 0 Mild	Level 1 Low	Level 2 Moderate	Level 3 High	Level 4 Intense
<b>CASAS/PICAS Total Score</b>	0-40	50-70	80-110	120-150	160-240
<b>Other indicators for services at this level</b>	<p>Functional Level: Child/family with minimal impairments who may require limited services to maintain stability; mild family/relationship issues; adjustment difficulties; mild difficulties in school/day care settings.</p> <p>Risk of Psychiatric Hospitalization: Minimal to no risk in the past year.</p> <p>Prior Psychiatric Hospitalizations: No hospitalizations.</p> <p>ED/Crisis Services: Minimal use of ED or crisis services.</p> <p>Thinking/Communication: Thought, as reflected by communication, is not disordered or eccentric.</p> <p>Substance Use: N/A.</p>	<p>Functional Level: Ability to function with age level. In some areas, overall stable living environment, service needs focus on building resiliency and other protective factors in child/family; crisis intervention services not needed or needed infrequently; minimal or fewer impairments in functional domains.</p> <p>Risk of Psychiatric Hospitalization: Minimal to no risk in the past year.</p> <p>Prior Psychiatric Hospitalizations: Infrequent to no hospitalizations in the past year.</p> <p>Treatment: Significant progress in treatment; reduction or stabilization of symptoms; transitioning from higher level of care, or may need additional supports.</p> <p>ED/Crisis Services: Low/frequent use of ED or crisis services.</p> <p>Thinking/Communication: Occasional difficulty in communications, in behavior, or in interactions with others due to any of the following: eccentric or odd speech; expression of odd beliefs; or, if older than eight years old, magical thinking; unusual perceptual experiences not qualifying as pathological hallucinations.</p> <p>Substance Use: Pattern of substances use likely impairs functioning.</p>	<p>Functional Level: Moderate to significant inability to function in some areas. Instability in living environment, multiple service needs, family requires regular support, crisis intervention services needed.</p> <p>Risk of Psychiatric Hospitalization: Low to moderate risk.</p> <p>Placement: At risk for out of home placement.</p> <p>Behavior: Displays disruptive behavior.</p> <p>ED/Crisis Services: Moderate to frequent use of ED/Crisis Services.</p> <p>Thinking/Communication: Frequent difficulty in communication or following communications do not "flow", are irrelevant, or disorganized; frequent distortion of thinking; intermittent hallucinations that interfere with normal functioning; preoccupying/fixations or fantasies with bizarre, odd, or gross themes.</p> <p>Substance Use: Substance use has various negative consequences.</p>	<p>Functional Level: Inability to function in most areas, persistent danger to self and others. Caregiver functioning puts child at significant risk.</p> <p>Treatment: At significant risk of institutionalization or placement outside of current community, may be residing in a Specialized Residential Setting.</p> <p>Involvement in numerous provider systems (i.e. Criminal Justice, Dept. of Human Services, or School).</p> <p>Risk of Psychiatric Hospitalization: Moderate to significant risk of institutionalization and/or placement outside of current settings; frequent psychiatric hospitalizations, history of impulsive behaviors or suicidal ideation.</p> <p>Placement: Treatment needs beyond Home Based Services.</p> <p>Behavior: Significant difficulties in school/day care settings.</p> <p>Thinking/Communication: Cannot interact adequately in the community due to any of the following conditions: communications impairments; speech or nonverbal behavior is extremely odd and/or noncommunicative; strange or bizarre behavior; frequent and/or disruptive delusions or hallucinations; short-term memory loss/disorientation to time or place.</p>	<p>Potentially Subacute score that could bump to this level.</p> <p>Functional Level: Total assistance needed on a daily basis.</p> <p>Treatment: Ongoing treatment may require enhanced Specialty Professional Staff (Behavior Specialist, OT, PT, etc).</p> <p>Risk of Psychiatric Hospitalization: Significant risk of institutionalization and/or placement outside of current community.</p> <p>Behavior: Displays high risk, impulsive, potentially dangerous behavior towards self/others.</p> <p>Substance Use: Substance use dominates life, usage is out of control and serves no social function.</p>
<b>Other clarifications</b>	<p>Clinical assessment must contain clear documentation of eligibility for PHP services. In accordance with NPM Bx/DDO Chapter, section 1.6 and SWMBH Policy 3.11.1 SWI and SED Specialty Services Eligibility.</p>	<p>Services / Annual Threshold for UM Review in Units</p> <p>Community Living Supports 15 minutes (H0215) 0</p> <p>Family and Individual Therapy (9083X, 9084X) 30</p> <p>Family Training (S5111) 0</p> <p>Group Therapy (90853) 30</p> <p>Home Based (H0036) 0</p> <p>Multi-systemic therapy (H2033) 0</p> <p>Psychiatric office visit (99200) 10</p> <p>Targeted Case Management (T1017) 125</p> <p>Treatment Planning (H0032) 7</p> <p>Wraparound Services - 15 minute unit non-walker (H2021) 200</p> <p>Wraparound Services - Walker Per Diem (H2022) 50</p>	<p>Services / Annual Threshold for UM Review in Units</p> <p>Community Living Supports 15 minutes (H2015) 500</p> <p>Family and Individual Therapy (9083X, 9084X) 30</p> <p>Family Training (S5111) 60</p> <p>Group Therapy (90853) 30</p> <p>Home Based (H0036) 325</p> <p>Multi-systemic therapy (H2033) 625</p> <p>Psychiatric office visit (99200) 13</p> <p>Targeted Case Management (T1017) 125</p> <p>Treatment Planning (H0032) 7</p> <p>Wraparound Services - 15 minute unit non-walker (H2021) 225</p> <p>Wraparound Services - Walker Per Diem (H2022) 50</p>	<p>Services / Annual Threshold for UM Review in Units</p> <p>Community Living Supports 15 minutes (H0015) 700</p> <p>Family and Individual Therapy (9083X, 9084X) 30</p> <p>Family Training (S5111) 60</p> <p>Group Therapy (90853) 30</p> <p>Home Based (H0036) 425</p> <p>Multi-systemic therapy (H2033) 625</p> <p>Psychiatric office visit (99200) 13</p> <p>Targeted Case Management (T1017) 125</p> <p>Treatment Planning (H0032) 8</p> <p>Wraparound Services - 15 minute unit non-walker (H2021) 225</p> <p>Wraparound Services - Walker Per Diem (H2022) 60</p>	<p>Services / Annual Threshold for UM Review in Units</p> <p>Community Living Supports 15 minutes (H2015) 1475</p> <p>Family and Individual Therapy (9083X, 9084X) 30</p> <p>Family Training (S5111) 60</p> <p>Group Therapy (90853) 30</p> <p>Home Based (H0036) 425</p> <p>Multi-systemic therapy (H2033) 700</p> <p>Psychiatric office visit (99200) 13</p> <p>Targeted Case Management (T1017) 125</p> <p>Treatment Planning (H0032) 14</p> <p>Wraparound Services - 15 minute unit non-walker (H2021) 225</p> <p>Wraparound Services - Walker Per Diem (H2022) 60</p>
<b>Typical CHSP Services in this Level of Care</b>	<p>Individuals with mild/moderate emotional disturbance, typically presenting at CASAS Level 0 or lower, will be referred for services funded through their Medicaid Health Plan or Medicaid fee-for-service. PHP services are available to youth meeting MCHBS diagnosis and duration/history criteria, AND: a CASAS total score of 50 or greater, OR two 20s on any of the first eight subscales of the CASAS, OR one 30 on any subscale of the CASAS, except for substance abuse only.</p> <p>All service requests in this level require review and approval by a Utilization Management Professional through the Exception Review process. If PHP services are delivered at this level, clinical assessment shall contain clear documentation regarding eligibility for PIP services, as outlined in NPM Bx/DDO Chapter, section 1.6 and SWMBH SWI and SED Specialty Services Eligibility Policy.</p> <p>CBHC Demonstration Sites: Individuals requesting services for mild to moderate emotional disturbance with a qualifying diagnosis at CASAS LOC 0 may receive up to 32 units of outpatient or group therapy and 4 psychiatric office visits without requiring UM approval.</p>				

Service thresholds listed above include all Medicaid specialty behavioral health services authorized/delivered using the HCPCS/CPT codes listed, with any applicable modifiers, unless otherwise indicated.







**SWMBH CORE SERVICE MENU - ADULTS WITH INTELLECTUAL/DEVELOPMENTAL DISABILITIES**

Version Date: 7/1/2022

Endorsement Dates: 7/11/22

Regional Utilization Management Committee and Regional Clinical Practice Committee

The SWMBH Core Service Menu is intended as guidelines, not to be interpreted as caps on services or as one-size-fits-all service packages. An assessment score does not directly equate to approval for a service(s). Services are typically determined based on a combination of Assessment, Person-Centered Planning process, consideration of natural supports, stage of change, service history, and clinical judgement. Clinical assessments shall contain clear documentation of eligibility for PHP specialty services, as outlined in MPM BR/DOO Chapter, section 1.6, as well as documentation supporting the medical necessity of each requested/authorized service.

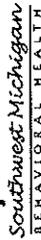
Some court-ordered individuals may be required by judge's order into a level of care inconsistent with the assessment score. Funding via PHP Medicaid funds is contingent upon documented medical necessity for the services being delivered.

SWMBH is responsible to ensure that LOC guidelines are being used consistently by CMHSPs, as well as to ensure that appropriate exceptions, appeal mechanisms and documentation are in place. Goal is to have a common, uniform benefit for Medicaid services across the region, informed by consistent, standardized assessments.

Services not requiring authorization: Screening and Emergency/Crisis services (H002, 9494, T1023), Medication injections (9672 and 9596), Prevention (9442, T1027)

Assessments (H023, 9079, 9079D) will be monitored outside of the Core Service Menu. Review and authorization for Acute Psychiatric Services and ECT are managed through the pre-screen and current authorization processes.

This list is not all-inclusive. Any other services not listed require review at the local CMHSP by a Utilization Management Professional, including but not limited to: CUS/PC Per Diem, Family Training, Nutrition Services, Prevention Services, Psychological Testing, and Supported Independent Living.



SOUTHWEST MICHIGAN BEHAVIORAL HEALTH

Level	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
SIS ABE*, Medical, and Behavior Scores	Low functional support needs, low medical and behavioral support needs ABE Score 0-22, and Medical Score 0-3, and Behavior 0-3	Moderate functional support needs, low medical and behavioral support needs ABE Score 23-27, and Medical Score 0-3, and Behavior 0-3	High functional support needs, low medical and behavioral support needs ABE Score 28+, and Medical Score 4-6 OR Behavior 4-6	Any functional support needs, moderate medical and/or behavioral support needs ABE - Any Score, Medical Score 7-9 OR Behavior 7-9	Any functional support needs, high medical and/or behavioral support needs ABE - Any Score, Medical Score 10- OR Behavior 10+	Any functional support needs, extraordinary medical and/or behavioral support needs ABE - Any Score, Medical Score 10- OR Behavior 10+
	Functional Level: Requires minimal prompts/reminders to engage in or complete daily living activities and to access the community. Behavioral Health: No to moderate behavioral issues. May require a behavior support plan to ensure consistency and proactive approaches. Physical Health Comorbidity: Medical/health needs are stable and managed with minimal support. Safety Risks: None or managed with minimal prompting, supervision, or reminders	Functional Level: Verbal prompts, coaching, and/or training needed to engage in or complete daily living activities and to access the community. Behavioral Health: No to moderate behavioral issues. May require a behavior support plan to ensure consistency and proactive approaches. Physical Health Comorbidity: Medical/health needs are stable. May require assistance and prompts to ensure healthcare needs are met. Safety Risks: None managed with prompting, supervision, and/or reminders	Functional Level: Frequent assistance, guidance, and/or support/guidance needed. Behavioral Health: No to moderate behavioral issues. May require a behavior support plan to ensure consistency and proactive approaches. Physical Health Comorbidity: Medical/health needs are stable. Requires assistance and/or prompts to ensure healthcare needs are met. Safety Risks: Safety risks may be present that need to be addressed or monitored; includes safety to self and safety in the community.	Functional Level: Medical or behavioral needs adversely affect individuals' functioning and need for assistance at this level. Behavioral Health: May have potentially harmful, injurious or dangerous behaviors requiring frequent and consistent proactive interventions, and a formal behavior treatment plan. Physical Health Comorbidity: May have medical/health needs requiring weekly (or more) monitoring and/or oversight and assistance. Safety Risks: Safety risks to self or others may exist, includes safety to self and safety in the community. May need environmental accommodations.	Functional Level: Medical or behavioral needs adversely affect individuals' functioning and need for assistance at this level. Behavioral Health: May have potentially harmful, injurious or dangerous behaviors requiring frequent and consistent proactive interventions, and a formal behavior treatment plan. Physical Health Comorbidity: May have extensive medical/health needs, requiring daily (or more) monitoring and/or oversight and assistance. Safety Risks: Active safety risk to self or others due to medical or behavioral risks. May need environmental accommodations.	Functional Level: Medical or behavioral needs adversely affect individuals' functioning and need for assistance at this level. Behavioral Health: May have frequent potentially harmful, injurious or dangerous behaviors requiring near continuous supervision, consistent proactive interventions, and a formal behavior treatment plan. Physical Health Comorbidity: May have extensive medical/health needs, requiring monitoring and/or oversight multiple times during the day. Nursing services typically required to develop and train on health care protocols. Safety Risks: Active safety risk to self or others due to medical or behavioral risks. May need environmental accommodations.
Other clarifications	Community Living Supports 15 minutes (H2015) Family and Individual Therapy (9083X, 9084X) Fiscal Intermediary Services (T2025) Nursing Services (T1002) Psychiatric office visit (99204) Respite Services, 15 minute (T1005) Skill-Building/Non-Vocational (H2014/H2014HK) Supported Employment (H2023) Targeted Case Management (T1017) Treatment Planning (H0032)	Community Living Supports 15 minutes (H2015) Family and Individual Therapy (9083X, 9084X) Fiscal Intermediary Services (T2025) Nursing Services (T1002) Psychiatric office visit (9920X) Respite Services, 15 minute (T1005) Skill-Building/Non-Vocational (H2014/H2014HK) Supported Employment (H2023) Targeted Case Management (T1017) Treatment Planning (H0032)	Community Living Supports 15 minutes (H2015) Family and Individual Therapy (9083X, 9084X) Fiscal Intermediary Services (T2025) Nursing Services (T1002) Psychiatric office visit (9920X) Respite Services, 15 minute (T1005) Skill-Building/Non-Vocational (H2014/H2014HK) Supported Employment (H2023) Targeted Case Management (T1017) Treatment Planning (H0032)	Community Living Supports 15 minutes (H2015) Family and Individual Therapy (9083X, 9084X) Fiscal Intermediary Services (T2025) Nursing Services (T1002) Psychiatric office visit (9920X) Respite Services, 15 minute (T1005) Skill-Building/Non-Vocational (H2014/H2014HK) Supported Employment (H2023) Targeted Case Management (T1017) Treatment Planning (H0032)	Community Living Supports 15 minutes (H2015) Family and Individual Therapy (9083X, 9084X) Fiscal Intermediary Services (T2025) Nursing Services (T1002) Psychiatric office visit (9920X) Respite Services, 15 minute (T1005) Skill-Building/Non-Vocational (H2014/H2014HK) Supported Employment (H2023) Targeted Case Management (T1017) Treatment Planning (H0032)	Community Living Supports 15 minutes (H2015) Family and Individual Therapy (9083X, 9084X) Fiscal Intermediary Services (T2025) Nursing Services (T1002) Psychiatric office visit (9920X) Respite Services, 15 minute (T1005) Skill-Building/Non-Vocational (H2014/H2014HK) Supported Employment (H2023) Targeted Case Management (T1017) Treatment Planning (H0032)

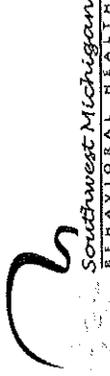
\*ABE score is the composite score of support needs in three specific areas of the SIS: Part 4: Home Living Activities; Part B: Community Living Activities; and Part E: Health and Safety Activities. SWMBH will review Authorization & actual utilization data to identify cases for oversight and monitoring for over- and under- utilization



## SWMBH CORE SERVICE MENU - PERSONS WITH SUBSTANCE USE DISORDERS

Version Date:  
Endorsement Dates:

12.29.22  
Regional Substance Use Directors Workgroup 12/29/2022, Regional Utilization Management Committee 11/14/2022



The SWMBH Core Service Menu is intended as guidelines, not to be interpreted as caps on services. Authorization thresholds for the ASAM Core Service Menu are based on the level of care (LOC) the person was referred to. In cases where referred LOC differs from the recommended LOC, the record should document this, along with the rationale for the discrepancy. Services are typically determined based on a combination of assessment, planning process, consideration of natural supports, stage of change, service history, and clinician judgment. Clinical assessments shall contain documentation supporting the medical necessity of each requested/authorized service. Some court-ordered individuals may be required by judge's order into a level of care incongruent with the assessment score. Funding via PHP Medicaid funds requires medical necessity for the services being delivered. SWMBH is responsible to ensure that LOC guidelines are being used consistently by CMHSPs, as well as to ensure that appropriate exceptions, appeal mechanisms and documentation are in place. Goal is to have a common, uniform benefit for SUD services across the region, informed by consistent, standardized assessments. This list is not all-inclusive. Any other services not listed (e.g., residential, withdrawal management, childcare services) require UMI review at the CMHSP or SWMBH.

Level Name	Level 0.5	Level 1	Level 1 OTP	Level 2.1
<b>Level descriptor*</b>	<p><b>Early Intervention</b></p> <p>Assessment and education for individuals who, for a known reason, are at risk of developing substance-related problems, or for whom there is not yet sufficient information to document a diagnosable substance use disorder.</p>	<p><b>Outpatient</b></p> <p>Recovery or motivational enhancement therapies and strategies that may be delivered in a variety of settings. Typically consists of less than 9 hours of service/week for adults, or less than 6 hours a week for adolescents.</p>	<p><b>Opioid Treatment Program</b></p> <p>Daily or several times weekly opioid agonist medication and counseling available to maintain multidimensional stability for those with severe opioid use disorder.</p>	<p><b>Intensive Outpatient</b></p> <p>Intensive education and treatment to individuals with multidimensional instability, delivered on an outpatient basis, allowing individuals to apply skills in the "real world." Typically consists of 9 or more hours of service a week (adults) or 6 or more hours (adolescents).</p>
<b>Other clarifications</b>	<p>Persons with co-occurring disorders may have assessments completed from both MI and SUD populations, and may receive services from both funding streams. Refer to Core Service Menu for Adults with Mental Illness for behavioral health-related services.</p> <p>A detailed description of the services typically offered in each level of care, the care setting, and how to identify patients who would benefit from each level of care using the ASAM criteria, begins on page 179 of The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions (2013).</p>			
<b>Typical Services in this Level of Care</b>	<p>Services / Annual Threshold* for UMI Review in Units</p> <p>Care Coordination (H0050) 0</p> <p>Drug Screen (H0003, H0048, 80306, 80307) 0</p> <p>Early Intervention (H0022) 10</p> <p>Group Counseling (H0005) 0</p> <p>Group Therapy (90853) 0</p> <p>Individual Counseling (H0004) 25</p> <p>Individual or Family Therapy (9083X, 9084X) 6</p> <p>Intensive Outpatient Treatment (H0015) 0</p> <p>Methadone Administration (H0020) 0</p> <p>Psychiatric office visit (9920X) 16</p> <p>Recovery Coach (Peer Services) (H0038) 16</p> <p>Treatment Planning (T1007) 0</p>	<p>Services / Annual Threshold* for UMI Review in Units</p> <p>Care Coordination (H0050) 75</p> <p>Drug Screen (H0003, H0048, 80305, 80306, 80307) 0</p> <p>Early Intervention (H0022) 40</p> <p>Group Counseling (H0005) 40</p> <p>Group Therapy (90853) 40</p> <p>Individual Counseling (H0004) 75</p> <p>Individual or Family Therapy (9083X, 9084X) 30</p> <p>Intensive Outpatient Treatment (H0015) 0</p> <p>Methadone Administration (H0020) 0</p> <p>Psychiatric office visit (9920X) 16</p> <p>Recovery Coach (Peer Services) (H0038) 150</p> <p>Treatment Planning (T1007) 3</p>	<p>Services / Annual Threshold* for UMI Review in Units</p> <p>Care Coordination (H0050) 10</p> <p>Drug Screen (H0003, H0048, 80305, 80306, 80307) 0</p> <p>Early Intervention (H0022) 0</p> <p>Group Counseling (H0005) 40</p> <p>Group Therapy (90853) 40</p> <p>Individual Counseling (H0004) 115</p> <p>Individual or Family Therapy (9083X, 9084X) 40</p> <p>Intensive Outpatient Treatment (H0015) 0</p> <p>Methadone Administration (H0020) 365</p> <p>Psychiatric office visit (9920X) 16</p> <p>Recovery Coach (Peer Services) (H0038) 150</p> <p>Treatment Planning (T1007) 3</p>	<p>Services / Annual Threshold* for UMI Review in Units</p> <p>Care Coordination (H0050) 25</p> <p>Drug Screen (H0003, H0048, 80305, 80306, 80307) 0</p> <p>Early Intervention (H0022) 0</p> <p>Group Counseling (H0005) 52</p> <p>Group Therapy (90853) 52</p> <p>Individual Counseling (H0004) 50</p> <p>Individual or Family Therapy (9083X, 9084X) 12</p> <p>Intensive Outpatient Treatment (H0015) 0</p> <p>Methadone Administration (H0020) 0</p> <p>Psychiatric office visit (9920X) 16</p> <p>Recovery Coach (Peer Services) (H0038) 50</p> <p>Treatment Planning (T1007) 3</p>

