

# **Certified Community Behavioral Health Clinic (CCBHC) Services**

## Provider Resource

## What is a CCBHC?

A CCBHC is a specially certified organization that provides coordinated and integrated mental health and substance use services. The CCBHC places a special emphasis on care coordination with community partners. This approach to care allows for the integration of physical and behavioral health services to ensure consumers get the best care possible.

In our region, we have two participating CCBHCs:

- Integrated Services of Kalamazoo
- St. Joseph Community Mental Health

#### How does CCBHC differ from existing mental health and substance use care?

CCBHCs are held to a high standard of care and must:

- Provide timely access to services to all that seek them, regardless of ability to pay or location of residence
- Offer 24/7 mobile crisis response
- Use a specific set of evidence-based practices
- Offer Medication-Assisted Treatment
- Coordinate care with other providers in the community
- Meet rigorous, nationally recognized, quality standards

Additionally, CCBHCs receive flexible funding to help support the expansion of services to new populations.

#### How does CCBHC affect providers?

- 1. You may be approached by one of our two regional CCBHCs to become a Designating Collaborating Organization (DCO) to provide CCBHC services on their behalf.
  - a. CCBHCs must provide all nine core services either directly or through subcontracted providers. Sub-contracted providers under the CCBHC demonstration are called DCOs.
  - b. DCOs can provide any of the nine core services and are treated as a "direct extension" of the CCBHC. In other words, DCOs are held to the same reporting and clinical standards as the CCBHC.
- 2. You may be approached by one of our two regional CCBHCs to enter into a Care Coordination Agreement.
  - a. CCBHCs are required to coordinate care with various community entities. To do so, CCBHCs must establish Care Coordination Agreements, (commonly in the form of a Memorandum of Understanding; MOU) specific to CCBHC. For

example, CCBHCs may establish MOUs with local emergency departments, law enforcement agencies, inpatient psychiatric care providers, etc.

## Who is eligible for CCBHC services?

- Any person with a mental health disorder, including all codes in the following ranges:
  - F01-F09: Mental disorders due to known physiological conditions
  - F20-F29: Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders
  - F30-F39: Mood [affective] disorders
  - F40-F48: Anxiety, dissociative, stress-related, somatoform and other nonpsychotic mental disorders
  - F50-F59: Behavioral syndromes associated with physiological disturbances and physical factors
  - F60-F69: Disorders of adult personality and behavior
  - F90-F98: Behavioral and emotional disorders with onset usually occurring in childhood and adolescence
  - F99-F99: Unspecified mental disorder
- Any person with a substance use disorder, including all codes in the following ranges:
  F10-F19: Mental and behavioral disorders due to psychoactive substance use
- The mental health or SUD diagnosis does not need to be the primary diagnosis.
- Individuals with a dual diagnosis of intellectual disability/developmental disability are eligible for CCBHC services.

# Who do individuals contact for CCBHC services?

Contact one of our regional CCBHC sites:

- 1. Integrated Services of Kalamazoo: (269) 373-6000 or (888) 373-6200
- Community Mental Health and Substance Abuse Services of St. Joseph County: (269) 467-1000 or (800) 622-3967

General CCBHC questions can be directed to sally.weigandt@swmbh.org

Get more information from MDHHS by following this link- CCBHC Demonstration

# **References/Resources**

Michigan Department of Health and Human Services. (2021, September 01). *Certified Community Behavioral Health Clinic (CCBHC) Handbook.* michigan.gov, Retrieved October 11, 2021, from <u>https://www.michigan.gov/documents/mdhhs/CCBHC\_Demonstration\_Handbook\_73629</u> 7\_7.pdf

Michigan Department of Health and Human Services. (n.d.). *Keeping Michigan Healthy* Behavioral Health & Developmental Disability CCBHC Demonstration. MDHHS - CCBHC Demonstration. Retrieved October 11, 2021, from https://www.michigan.gov/mdhhs/0,5885,7-339-71550\_2941\_105734---,00.html

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