

## JULY 16 & 17, 2019 9:00AM—4:00PM

# MATRIX MODEL OF INTENSIVE OUTPATIENT ALCOHOL AND DRUG TREATMENT

Presented by The Matrix Institute on Addictions

### About this training

The Matrix approach emphasizes the use of outpatient techniques. There will be special emphasis on familiarizing the audience with the components of the model and how to start using it whether in implementation or adaptation. Treatments focus on lifestyle changes, training in relapse prevention, information on the brain and addiction, education about dependencies, and family involvement.

## Objectives -At the end of the training Participants will be able to:

- Learn the various core components that comprise the Matrix Model in order to begin implementing them at the organization
- Acquire the skills on how to teach the neurobehavioral issues surrounding the progression of addiction and be able to teach clients on the brain and the stages of addiction using the model
- Increase knowledge of Motivational Interviewing and the spirit of Motivational Interviewing in order to be able to assimilate it into treatment application
- Understand how the Matrix Model differs from other types of out-patient chemical dependency treatments with regards to treatment delivery.
- Incorporate elements of the Matrix Model into existing treatment programs.

#### TARGET AUDIENCE

SWMBH AFFILIATED SUD
SUPERVISORS AND CLINICIANS

NO COST FOR SWMBH AFFILIATES

EMAIL REGISTRATIONS TO TRAININGINFO@SWMBH.ORG

12 SWCEU

12 MCBAP SPECIFIC

CREDITS OFFERED

LUNCH AND REFRESHMENTS
WILL BE PROVIDED



#### **FETZER CENTER**

Western Michigan University 2350 Business Ct.

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http:www.wmich.edu/fetzer/
The Fetzer Center parking is lot 72F and is complimentary to guests. It is directly adjacent to the Fetzer Center building. Handicap parking is also available within this same parking lot.