

Recovery Coaches Peer Supports working with SUD and Behavioral Health Clients



Thursday, April 11th, 2019

9:00 a.m.— 4:00 p.m. (8:30 a.m. Registration)

About this training

At least 75% of people with substance use disorders have experienced trauma. Trauma affects the way people think, feel, behave and interact. Understanding the impact of trauma can help recovery coaches and peer workers better understand why people do what they do and how best to support them. Working with people in early recovery also has an impact on people doing the work. This training will also address the need for recovery coaches and peer workers to develop self-care plans to maintain their own well-being.

Training Objectives

Participants will be able to...

- Explain the effects of trauma on the brain, emotions, beliefs and relationships
- Describe strategies for successfully working with someone who is upset
- Recognize when they or others are experiencing “secondary trauma”
- Use and teach self-regulation and self-care strategies

TARGET AUDIENCE

SWMBH PEER SUPPORT
SPECIALISTS, PEERS AND
RECOVERY COACHES

NO COST

FOR SWMBH AFFILIATES

EMAIL REGISTRATIONS TO
TRAININGINFO@SWMBH.ORG

6 SWCEU

6 MCBAP DIRECT

CREDITS OFFERED

LUNCH AND REFRESHMENTS
WILL BE PROVIDED

FETZER CENTER

Western Michigan University
2350 Business Ct,
Kalamazoo, MI 49008

<http://www.wmich.edu/fetzer/>

The Fetzer Center parking is lot 72F and is complimentary to guests. It is directly adjacent to the Fetzer Center building. Handicap parking is also available within this same parking lot.

