

Effective ROSC Services focus on:

- Greater emphasis on continuity of care: effective prevention (at all ages), outreach and engagement, treatment, and on-going support.
- A continuum of care where services are holistic, integrated, culturally responsive, and anchored in our community.
- Expanding the utilization of non-clinical services such as Recovery Coaches, 12-step programs, prevention, faith-based initiatives, etc.
- A partnership/consultation approach rather than an expert/patient model.
- Effectively linking people to the right service at the right time.
- The lives and experiences of other people in recovery are valued and used to help others on the journey.



Southwest Michigan Behavioral Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

“ ATENCIÓN: Si habla **español**, hay servicios gratuitos de asistencia con el idioma para usted. Llame al 1-800-890-3712 (TTY: 711).”

How can I help?

Help us to knock down barriers. Reduce the stigma of substance use disorders. Only through true community partnerships can we support those seeking help or provide the support needed for a full recovery. This does not mean no more “business as usual.” It means looking at more effective strategies for helping people enter recovery and supporting long term recovery that leads us to healthy communities.

- Collaborate, communicate and participate!
- Knock down agency and funding silos.
- See yourself as a partner to the person needing help.

Contact Information

For additional information about ROSC in Southwest Michigan, or available services, please contact:

Southwest Michigan Behavioral Health
1-800-781-0353



Recovery is a Reality

It can, will, and does happen

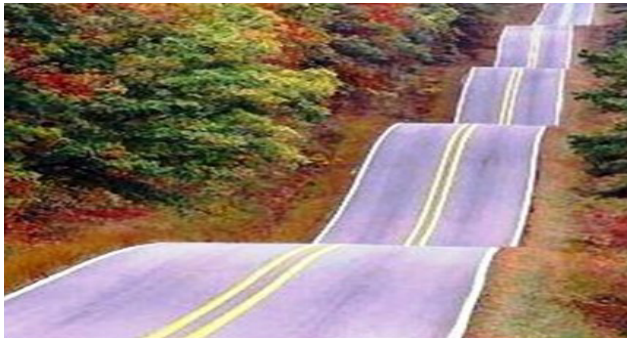


Transforming Recovery
in Southwest Michigan through a
System of Care

SWMBH Main Line: 1-800-676-0423

What is a Recovery Oriented System of Care (ROSC)?

Michigan's Recovery Oriented System of Care supports an individual's journey toward recovery and wellness by creating and sustaining networks of formal and informal services and supports. The opportunities established through collaboration, partnership and a broad array of services promote life enhancing recovery and wellness for individuals, families and communities.



Development of ROSC

Over the past several years groups of stakeholders have been meeting monthly to develop ROSC in your local community. The purpose of this work is:

- To develop and foster a culture of recovery, wellness, and quality of life.
- To address gaps in the network of recovery services.
- To ensure a wide range of supports for recovery are available in our community.
- To develop effective and efficient linkages to services.



How does this impact me?

A healthy community requires its members to be healthy!

ROSC is a NETWORK of organizations, agencies and community members that coordinate a wide spectrum of services to prevent, intervene in, and treat substance use problems and disorders.

If you:

- Live in a community where persons with substance use disorders or potential substance use disorders reside (which is everywhere)
- Work at an agency that provides social services, medical care, financial assistance or any other human services
- Simply just want to live in a healthier community

You are a member of ROSC and we need you!

What is Recovery from a Substance Use Disorder?

Recovery from alcohol and drug problems is a process of change through which an individual achieves abstinence and improved health, wellness, and quality of life.

Why ROSC?

Transformation and reform of behavioral health services across the nation, state, and Southwest Michigan is taking place. With the support of the Michigan Department of Health and Human Services (MDHHS), the Mental Health Services Administration (SAMHSA), and Center for Substance Abuse Treatment (CSAT), ROSC has been identified as a critical part of this transformation process.

How is this different?

Substance use disorder recovery is not just about symptom reduction and it's not an acute episode of care (think emergency room for physical health). It is about what happens after the presenting symptom is treated and abstinence is achieved. Helping people build individual, social and community supports for long term change (think yearly check ups, eating better and exercising more for physical health) is what helps people on their journey to recovery. No one can do this alone.