

SWMBH Operating Policy 11.3

Subject: Womens Specialty Treatment Services		Accountability: SAPT	Effective Date: 1/1/2014	Pages: 4
REQUIRED BY: BBA Section _____ PIHP Contract Section _____ NCQA/URAC Standard _____ SUD Block Grant Contract _____ Other OROSC Technical Advisory #12 _____			Last Reviewed Date: 8/26/16	Past Reviewed Dates: 12/23/14 5/15/15
LINE OF BUSINESS: <input type="checkbox"/> Specialty Waiver (B/C) <input type="checkbox"/> I Waiver <input type="checkbox"/> SUD Healthy Michigan <input type="checkbox"/> SUD Medicaid <input checked="" type="checkbox"/> SUD Community Grant <input type="checkbox"/> MI Health Link <input type="checkbox"/> OTHER: _____		APPLICATION: <input checked="" type="checkbox"/> SWMBH Staff and Operations <input checked="" type="checkbox"/> Participant CMHSPs <input checked="" type="checkbox"/> SUD Providers <input type="checkbox"/> MH / DD providers <input type="checkbox"/> DD providers <input type="checkbox"/> Other: _____	Last Revised Date: 5/15/15	Past Revised Dates:
Approved: <i>Shondie Smith</i> By: <i>9/8/2014</i> Date:			Required Reviewer: Women's Treatment Specialist; SAPT Director	

I. Purpose

The purpose of this policy is to establish the philosophy and requirements for women's treatment services (designated as both women's programs and gender competent programs). Women's specific funding is restricted to assuring access for chemically dependent pregnant women, post-partum women and single men who are in treatment while raising their children. Services offered include the provision of transportation, child care and medical care access assistance, as well as needed treatment service and coordination.

II. Policy

It is the policy of Southwest Michigan Behavioral Health (SWMBH) to assure appropriate service availability to Women's Specialty Services (WSS) populations. All Michigan Department of Health and Human Services (MDHHS)/Office of Recovery Oriented Systems of Care (OROSC) contract guidelines will be followed in admitting women for treatment.

III. Standards and Guidelines

MDHHS is dedicated to the following fundamental principles as the foundation for integrating women-specific substance use disorder treatment services and non-gender specific services, while focusing on effective and comprehensive treatment of women and their families. Developing a Philosophy of Working with Women with Substance Use Disorders:

A. Program Structure:

1. Treatment revolves around the role women have in society, therefore treatment services must be gender specific.
 - a. Gender responsive program are not simply "female only" program that were designed for males.

- b. A woman's sense of self develops differently in women-specific groups as opposed to co-ed groups.
 - c. Because women place so much value on their role in society and relationships, to not take this into consideration in the recovery process is to miss a large component of a woman's identity.
 - d. Equality does not mean sameness; in other words, equality of service delivery is not simply about allowing women access to services traditionally reserved for men. Equality must be defined in terms of providing opportunities that are relevant to each gender so that retreatment services may appear very different depending on to whom the service is being delivered.
 - e. The unique needs and issues (Physical/sexual/emotional victimization, traumas, pregnancy and parenting)of women should be addressed in a safe, trusting and supportive environment.
 - f. Treatment and services should build on women's strengths/competencies and promote independence and self-reliance.
2. A relationship model, based on the psychological growth of women shall be the foundation for recovery (e.g. The Self-in-Relation model). With recognition that for women, the primary experience of self is relational; that is, the self is organized and developed in the context of important relationships.
 3. A collaborative philosophy, driven by the woman and her family, shall be used;
 - a. Utilizing cross systems collaboration and the involvement of informal supports to promote a womans' recovery.
 - b. A client-centered, goal-oriented approach to accessing and coordinating services across multiple service systems by:
 - Assessing needs, resources and priorities,
 - Planning for how the needs can be met,
 - Establishing linkages to enhance a women's access to services to meet her identified needs,
 - Coordinating and monitoring service provision through active cross-system communication and coordinated treatment/service plans and
 - Removing barriers to treatment and advocating for services.
 - c. A woman's needs determine the connections with agencies and systems that impact her life or her family life, despite the number of agencies or system involved
 - d. Ideally, each woman will have a single, collaborative treatment plan or service plan used across systems. When this is not possible, the coordination of as many systems as possible will less the confusion and stress this creates in a woman's life.
 - e. Care Coordination and case management is the key to a women's program in recovery.
 4. A model of empowerment is utilized in treatment and recovery planning:
 - a. The client is shown and taught how to access services, advocate for herself and her family, and request services that are of benefit to her and her family.

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- b. This process is woven into recovery, and could be taught by a recovery coach or case manager
 - c. The ultimate goal for the service system is to weave the woman so well into the informal support systems that the role of formal services is very small or not needed at all.
 5. Employment is recommended as an important component in recovery and services as an important therapeutic tool.
 - a. The structure of work is a benefit to recovery and treatment providers need to be aware of the work requirements of Temporary Assistance for Needy Families/Work First. Historically, treatment providers have been reluctant to encourage clients to return to work or to engage in work related activities during early stages of recovery. However, the waiting to address employment concerns may create further challenges for the client facing Work First requirements.
 - b. A multi-system approach that is culturally aware shall be employed in the recovery process.
 - c. Gender specificity and cultural competence go hand-in-hand. There are a number of gender and cultural competencies that allow people to assist others more effectively. This requires a willingness and ability to draw on community-based values, traditions and customs, and to work with knowledgeable people of and from the community.

B. Education/Training of Staff:

In addition to current credentialing standards, individuals working and providing direct services within a designated women's program (gender responsive) must have completed a minimum of 12 semester hours, or the equivalent of gender specific substance use disorder training or 2080 hours of supervised gender specific substance use disorder training/work experience within a designated women's program. Those not meeting the requirements must be supervised by another individual working within the program and be working towards meeting the requirements. Documentation is required to be kept in personnel files.

Those working and providing direct service within a gender competent program must have completed a minimum of 8 semester hours, or the equivalent, of gender specific substance use disorder training or 1040 hours of supervised gender specific substance use disorder training. Those not meeting the requirements must be supervised by another individual working within the program and be working towards meeting the requirements. Documentation is required to be kept in personnel files. Other arrangements can be approved by the Office of Recovery Oriented Systems of Care Women's Treatment Coordinator.

Appropriate topics for gender specific substance use disorder trainings include, but are not limited to:

- Women's Studies
- Child Development
- Trauma
- Self-esteem/empowerment
- Grief
- Relational Treatment Model
- Relationships

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- Women in the criminal justice system
- Parenting
- Women and addiction

These contractual obligations will be monitored on annual site visits conducted by SWMBH.

IV. Definitions

Eligible for Women Treatment

Pregnant women or women with dependent children, including women who are attempting to regain custody of their children. Exception can be given for ancillary services for men who are primary caregivers of dependent children.

Gender Competent

Capacity to identify where difference on the basis of gender is significant and to provide services that appropriately address gender differences and enhance positive outcomes for the population

Gender –Responsive (Designated Women’s Program)

Creating an environment through site selection, staff selection, program development, content and material that reflects and understanding of the realities of the lives of women and girls and that address and responds to their strengths and challenges

V. References

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Mee-Lee D., Shulman G.D., Fishman M., Gastfriend D.R., & Griffith J.H., eds. (2001). *ASAM patient placement criteria for the treatment of substance-related disorders*. (Second Edition-Revised) (ASAM PPC-2R). Chevy Chase, MD: American Society for Addiction Medicine, Inc.

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VI. Attachments:

None