



Seeking Safety Training

Thursday, August 8th, 2019

9:00 a.m.— 4:00 p.m. (8:30 a.m. Registration)

About this training

Laurie Markoff, Ph.D. will present *Seeking Safety*, an evidence-based & present-focused counseling model to help people attain safety from trauma and/or substance abuse. It directly addresses both trauma and addiction without requiring clients to delve into the personal trauma narrative, thus making it relevant to a very broad range of clients and easy to implement.

Objectives

Participants will be able to

- Teach “grounding” to clients
- Conduct *Seeking Safety* checks-ins in the proper amount of time
- Set up a *Seeking Safety* group in a treatment program
- Prepare for a *Seeking Safety* session.
- Integrate *Seeking Safety* into individual counseling

FETZER CENTER

Western Michigan University
2350 Business Ct, Kalamazoo, MI

<http://www.wmich.edu/fetzer/>
The Fetzer Center parking is lot 72F and is complimentary to guests. It is directly adjacent to the Fetzer Center building. Handicap parking is also available within this same parking lot.

TARGET AUDIENCE

MENTAL HEALTH & SUD
CLINICIANS INTERESTED IN
INTEGRATING SEEKING SAFETY
PRACTICES IN SERVICES TO
CUSTOMERS

NO COST
FOR SWMBH AFFILIATES

EMAIL REGISTRATIONS TO
TRAININGINFO@SWMBH

6 SWCEU
6 SPECIFIC MCBAP
CREDITS OFFERED

LUNCH AND REFRESHMENTS
WILL BE PROVIDED

