# Trauma and People with Intellectual and Developmental Disabilities: Recognizing Signs of Abuse and Providing Effective Symptom Relief for both Youth and Adults



Wednesday, April 10th, 2019

8:30 a.m. — 3:30 p.m. (8:00 a.m. Registration)

# About this training

Trauma Informed Care means delivering services based on an understanding of the impact of trauma on both the people we serve and staff. This training will help staff understand the negative impact that working in this demanding field can have on their well-being, and provide strategies for preventing or mitigating those impacts. It will also explain how trauma impacts people of all ages with IDD and DD and their families, along with strategies for helping them recover. Please join **Laurie Markoff, Ph.D**. as she provides the tools to recognizing signs of abuse and providing relief.

# Objectives -At the end of the training Participants will be able to:

- Describe the negative impact this demanding work can have on their well-being
- Develop strategies that can be implemented at work and at home to mitigate the negative impact of compassion fatigue, burnout and secondary trauma
- Describe the impacts that trauma can have on people with IDD and DD of all ages
- Describe approaches that promote trauma recovery for people with IDD and DD

## **TARGET AUDIENCE**

SUPPORT COORDINATORS

DIRECT CARE WORKERS

BEHAVIORAL HEALTH

CLINICIANS

NO COST FOR SWMBH AFFILIATES

EMAIL REGISTRATIONS TO TRAININGINFO@SWMBH.ORG

6 SWCEU
6 RELATED MCBAP
CREDITS OFFERED
LUNCH AND REFRESHMENTS
WILL BE PROVIDED

### **FETZER CENTER**

Western Michigan University 2350 Business Ct.
Kalamazoo, MI 49008

http:www.wmich.edu/fetzer/
The Fetzer Center parking is lot 72F and is complimentary to guests. It is directly adjacent to the Fetzer Center building. Handicap parking is also available within this same parking lot.

